

**Annual Report** 

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## **Mission**

To provide a safe, welcoming environment where individuals are supported in recovery to realize their full potential.

### **Vision**

Healthy people, free from addiction.

### **Values**

Our values are based on a dedication and commitment to:

#### Safety

Creating a warm, welcoming environment where the safety and care of all is key.

#### Integrity

Holding ourselves to the highest standards of personal and professional integrity, reflected in our ongoing commitment to ethical practice and serving as an example to all.

#### Respect

Recognizing and valuing diversity, being responsive to personal recovery needs and treating all people as unique individuals deserving of the best care.

#### Excellence

Using our knowledge and experience to deliver the highest quality services and seek out opportunities to improve and excel.

#### Compassion

Inspiring hope through our belief in the fundamental value of every human being, their resilience and ability to change.

#### **Land Acknowledgement**

Tamarack Recovery Centre is on Treaty 1 Territory, the traditional home of the Anishinaabe and homeland of the Métis Nation.

For thousands of years Indigenous people, including the Cree, Dene, Assiniboine, Oji-Cree and Dakota, have used "Where the Rivers Meet" – now known as the The Forks in Winnipeg – to gather, trade, celebrate, coexist and develop relationships with others.

It is in this spirit of cooperation and in recognition of this history, including harms caused by colonialism, that Tamarack endeavours to uphold the Truth and Reconciliation Commission's Calls to Action as we seek to help people recover from drug and alcohol dependency.



### **ABOUT**

# TAMARACK

Tamarack Recovery Centre Inc. is a nonprofit 12-bed co-ed recovery treatment centre providing residential, abstinence-based addiction treatment and recovery services in Winnipeg. Since incorporating in 1975, Tamarack has provided thousands of Manitobans with flexible, participant-driven, community-based treatment and support. Tamarack also operates The Branch, a sober living facility on the same street for program graduates looking to extend their recovery in safe, affordable shared housing. Tamarack is accredited by Imagine Canada and Accreditation Canada with Exemplary Standing by Accreditation Canada.

# Why Tamarack

safe, INCLUSIVE ENVIRONMENT: We commit to creating a safe space for everyone. We want all participants, visitors, and staff to feel welcome here, no matter their religious beliefs, culture, race, gender, or sexual orientation. We value compassion and respect, and strive to create a family-like atmosphere where everyone feels accepted, supported, and free to express who they are.

MORE TIME, GREATER ACCESS: We offer a 60- to 78-day residential treatment program for individuals wishing to achieve sobriety from substance addictions, such as alcohol and drugs, as well as behavioural addictions such as gambling. Our unique longer-term program provides support for participants to begin healing from trauma, while building recovery and living skills using evidence-based approaches to treatment. We offer a low-cost fee structure and a Participant Subsidy Fund buoyed by private philanthropy to ensure no one is turned away for lack of funds.

graduates have access to free, unlimited aftercare support through a dedicated program that focuses on lifestyle management to support long-term recovery—a unique offering that sets Tamarack apart from other programs without post-treatment services. Tamarack's new transitional housing program, The Branch, expands these supports with a next-step option for graduates who wish to develop greater independence and grow in recovery while continuing to live in safe, supervised sober housing.

changing—and potentially life-saving—for Manitobans experiencing addictions. Many of our participants sustain long-term recovery from their addiction and go on to become strong contributing members of society: since 2013, the Centre has an average completion rate of 83%, far exceeding the industry average of 44% for long-term residential addictions treatment, and graduates of Tamarack report post-treatment sobriety rates well above national norms.

2020-2021

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## **Board Members**

Chairman

Philip Grandmont

Vice-Chair

David Roberts

Secretary

Tobia Neufeld

Treasurer

Bruce Carney

Executive Director (ex-officio)

Lisa Cowan

Member

Ken Deptuck

Member

Brian Paterson

Member

Veronica Gagnon

Member

Bill Dietterle

to October 2021

Member

Mintie Grienke

Member

Vanessa Cook

Member

Trudy Lavallee

## Staff

**Executive Director** 

Lisa Cowan

Clinical and Transition Supervisor

Joanne Riedle

**Operations Manager** 

Sherry Gable

**Addictions Counsellor** 

Peter Keating

**Addictions Counsellor** 

Tabitha Comeau

**Addictions Counsellor** 

Janel Whincup

Intake and RCW Coordinator

Dawn Kirkpatrick

Aftercare Counsellor and Case Manager

Emma Peck

Daytime Residential Care Worker

Karen Gutwein

Residential
Care Workers

Charmaine Yurechuk

Darroll Kovalsky

Kelsey Burke

Beverly Welsh

Bill Kroeber

Kathleen O'Meara

Nick Gozer

Laura Borrett

Tracey Keen

Grace Woodman

Jacey Riedle

Carley Steen

Hannah Makoni

Maya Ackerman-Stratton

Bryan Malo

Ruby Nagy-Wowchuk

Meagan Jonker



# Introducing The Branch: Tamarack's New Transitional Home

Housing is a significant stressor for Tamarack graduates in the early stages of sobriety. One in four participants report having inadequate housing at the start of treatment, due to safety concerns, economic instability, or other risks to sobriety their current living arrangements can pose. Each year, some 36% of Tamarack's participants need housing support at the end of treatment. Case managers work with participants to find transitional housing in Winnipeg that meets their individual needs, but too often graduates struggle to identify the right fit.

The Branch is Tamarack's solution: a supportive recovery home for graduates that provides a safe transition to independent living with the benefit of the ongoing therapy and accountability of Tamarack's primary program. Named in a collaborative effort with Tamarack participants, graduates, staff, and supporters, The Branch offers, in addition to housing, a continuation of the wraparound support that is so valuable to participants early in their recovery.

Centrally located at 54 Balmoral, with access to major bus routes and community services, The Branch embodies the look and feel of a family home. A communal kitchen, dining room, and living spaces are designed to foster comfort and community building amongst residents. The Branch houses up to 10 residents at a time, with a mix of private and semi-private bedrooms.

The Branch opened its doors to its first three residents in August 2021, and has since welcomed a total of 12 residents, with stays averaging five months. The warm, welcoming environment feels like a bustling family home, with residents studying, cooking, relaxing in the living room, or chatting with staff in the office. True to its name, the Branch is a nourishing extension of Tamarack, representing new growth and evolution for our graduates as they build independence and confidence on their journey.



#### THE BRANCH: HOW IT WORKS

- Participants create an individual transitional program plan, including personal goals, counsellor recommendations, and house expectations
- Program plans follow a three-phase process, guiding expectations, accountability, and goals
- Participants transition to a new phase approximately every three months, determined by clinical team recommendations, program plan progress, and individual circumstances
- Program plans evolve with participants' progress and individual needs, with new goals and expectations at each phase
- Progressive phases support more freedom and independence over time

#### RESIDENT RESOURCES:

- 1:1 counselling with their Tamarack Counsellor
- 1:1 weekly case management sessions with the Aftercare Counsellor or Transitional Supervisor
- Onsite Aftercare Group twice per week (open to all graduates of Tamarack)
- Onsite AA meetings (open to Branch residents and Tamarack participants)
- After-hours support from Tamarack Residential Care Workers
- Access to "Refresher Groups" (program workshops) as desired or recommended
- Onsite Sweat Lodge guided by an Indigenous Elder

We are grateful to the Moffat Family Fund at The Winnipeg Foundation for its pivotal investment in the acquisition and renovation of The Branch facility, and to the Manitoba Government's Shared Health and Housing branches for supporting The Branch's launch and operations. This momentous expansion of Tamarack's program after 40 years of operations is bringing invaluable resources to Manitoba residents in recovery.



The early effects of the pandemic drove up demand for Tamarack's services, but necessary health and safety measures also hampered access to full treatment support. We adapted our pre-treatment and intake practices to keep treatment within reach for incoming participants without compromising safety. These efforts allowed Tamarack to gradually increase services and return to 100% participant capacity by late 2021.

While participants and staff have been remarkable in managing these changes, the ongoing impacts of COVID-19 have strained Tamarack's ability to staff our facilities, particularly the critical roles of our Residential Care Workers. The opening of The Branch, Tamarack's transitional housing program, effectively doubled our staffing needs just as these recruitment and retention challenges grew. We are working to help new and existing staff feel safe, confident, and valued in their roles, through investments in professional development, recognition, and developing strategies to improve wage parity.



# Our Staff

Our high-calibre services would not exist without the contributions of an experienced, dedicated, and compassionate staff.

Our team's deep and varied expertise spans addictions treatment, Indigenous-informed treatments (more than a third of participants identify as Indigenous), nonprofit human resources and operations, finance and legal, construction and project management, fund development, and marketing.

We are proud that 80% of Tamarack's employees are actively involved in the recovery community and understand what it means to work through overcoming addictions and mental health hardships. We actively foster the recruitment of staff with lived experience who bring a unique level of compassion and knowledge to their support of participants—making our program stronger and more impactful.

We believe in investing in Tamarack's staff in the ways they most value. With a coaching and seed funding grant from Healthcare Excellence Canada and funds from the 2021 Stabilization Grant from The Winnipeg Foundation, we developed a staff support plan including mental health supports, coaching and training opportunities, and staff recognition events.



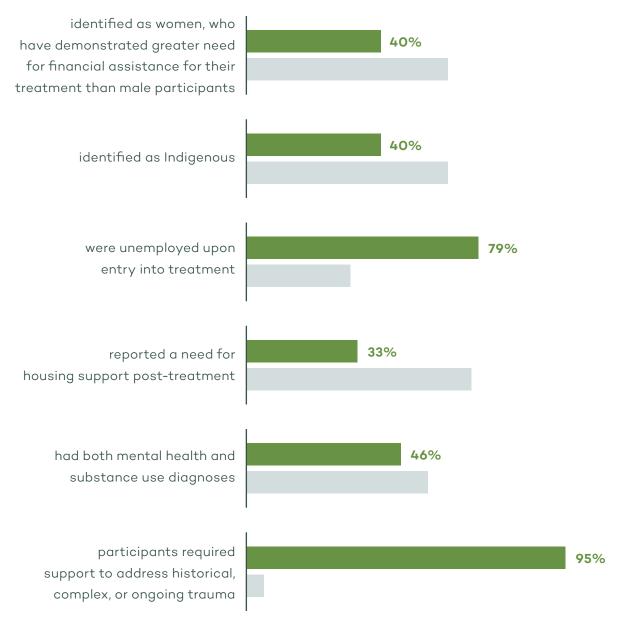


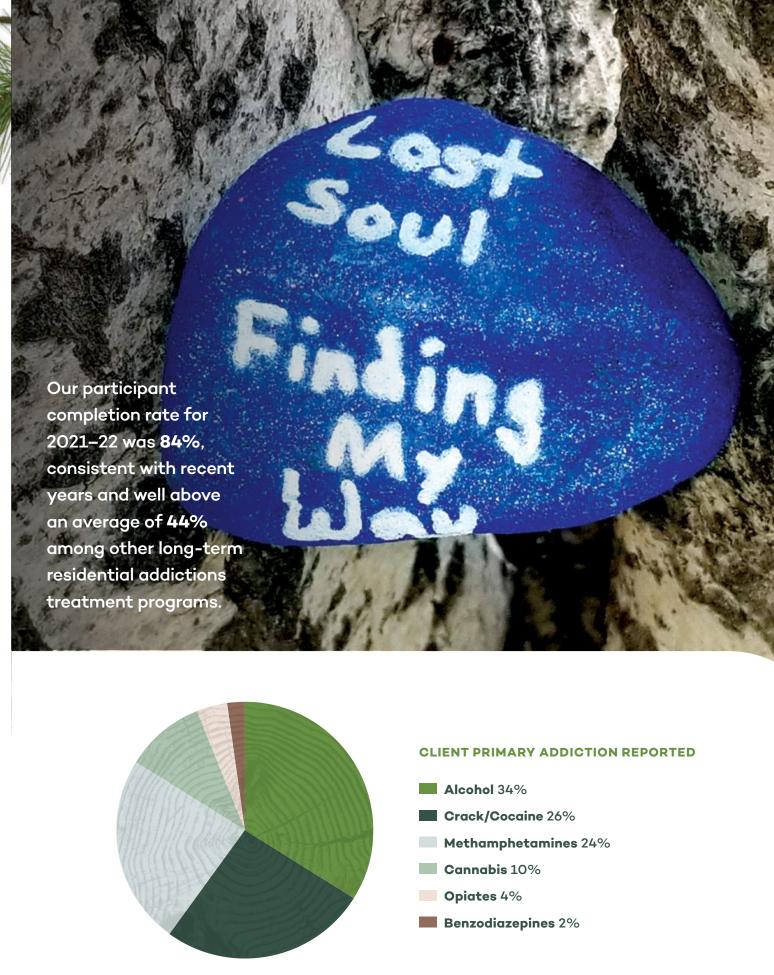
"This is great and exciting. It really feels like we're being supported and cared for."

-STAFF MEMBER

# Our Participants

Tamarack invites participants aged 18+ who identify as having an addiction to one or more substances. Among our 2021–22 participants:





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# Tamarack's Impact: Valued Services

Data and participant feedback show the life-changing—and potentially life-saving—impact of comprehensive, trauma-informed care for Manitobans experiencing addiction.

### FOR THE 9TH YEAR IN A ROW

# 100%

# OF CLIENTS WOULD RECOMMEND THIS PROGRAM TO OTHERS.

"I was able to gain so much knowledge about my addiction that I was empowered. Thank you so much for that—I will be recommending this to everyone I know who needs help." 96%

of participants were "satisfied" or "very satisfied" with the Residential Care Workers and after-hours care.

- "They are extremely caring and do their jobs well. I connected with them all and they each taught me something."
- "They work very hard to provide us with a safe home to stay in."
- "Whatever screening process is being used, keep using it. The RCWs are helpful, compassionate, and great mentors for the participants."

95%

of participants said that learning Dialectical Behavior Therapy (DBT) skills—a central feature of Tamarack programming was "very helpful."

- "I was given the skills to be more patient and understanding with all communication moving forward"
- "It was difficult but I learned tons about myself and what I need to do, or avoid, in order to live a clean life."
- "These skills are crucial to keep my sobriety and I'm thankful to have learned them."

89%

of participants were "very satisfied" with the quality of treatment.

- "This treatment was excellent and I have learnt many new healthy skills for life moving forward."
- "Thank you for helping me achieve my goals and giving me a chance to break down some barriers."

89%

of participants were "very satisfied" with the safety of the facility.

- "I felt very comfortable here and safe. It made things easier for me knowing nothing bad was going to happen."
- "I felt very safe in this house. I thank you for keeping it a safe place."

88%

of participants were "very satisfied" with counselling services.

- "I can't say enough about the counsellors/ facilitators at Tamarack. They helped in saving my life. I'm forever grateful."
- "I like the variety of counsellors and all their different personalities. I feel like I have many options of who to go to for different problems/situations."

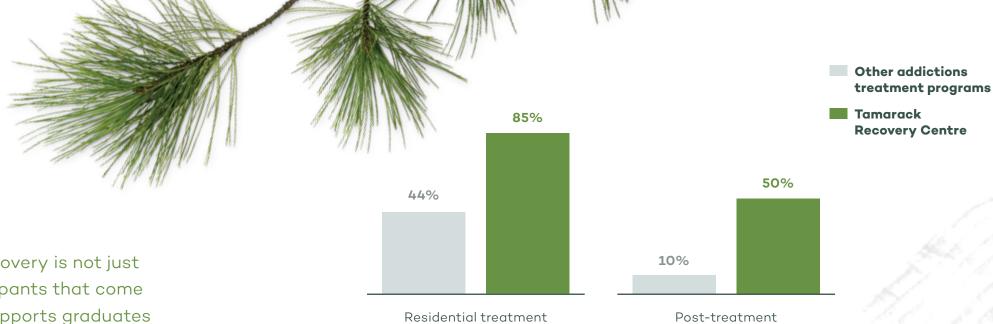
72%

of applicants reported that they chose Tamarack because "it was recommended by someone I trust."

"I felt extremely comfortable and welcomed when I first arrived and it was easy to settle right in."

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At Tamarack, we believe long-term sobriety and recovery is not just desirable but a genuine possibility for all the participants that come through our doors. Our unique aftercare program supports graduates in their long-term recovery through ongoing counselling and group therapy. This year we were able to provide more than 500 hours of aftercare services, through counselling and recovery support, peer support groups, and a sense of community—all of which contribute to higher sobriety rates.

Success looks different for every individual, and we invite graduates to share their experiences through formal and informal surveys. We've learned that Tamarack's graduated participants:

- Build hopeful, productive, and thriving lives.
   Of the participants who graduated two or more years ago, 91% said they completely agree that they "have a sense of hope for the future, have access to resources for ongoing support, are healthier, and can achieve new goals."
- Achieve above-average sobriety rates. In four annual text surveys, of the participants who responded, 93% were sober on the days the surveys were taken and 50% were sober since completing treatment (ranging from three months to more than 10 years).

The longer participants stay sober, the more likely they are to be able to return to work, be with their families, and live well. When progress has the opportunity to build, the likelihood of relapse is greatly reduced.

sobriety rate

completion rate

"Aftercare is an awesome program for myself and I'm sure many others. ... I look forward to helping others along their journey in the future!"

Tamarack's aftercare program is unique in Manitoba. No other residential addiction treatment centres in the province offer no-cost, unlimited post-treatment care—meeting a critical need in the continuum of care for addictions treatment and recovery for our citizens.



#### **IMAGINE CANADA ACCREDITATION:**

In May 2021, Tamarack received full accreditation with Imagine Canada, demonstrating organizational excellence in five areas of operation: board governance, financial accountability and transparency, fundraising, staff management, and volunteer involvement. This recognition is a testament to Tamarack's rigorous financial management and accountability to our board, funders, stakeholders, and community.







# Culturally Responsive Indigenous Programming

At Tamarack, where 40% of participants identify as Indigenous, we recognize the importance of developing culturally responsive programming and practices. Whether through governance, staffing, or programming, we strive to acknowledge Canada's history of engagement with the First Peoples and work towards reconciliation and collaboration in how we meet participants' needs.

Tamarack works to integrate Indigenous healing practices, knowledge sharing, and community engagement into our programs through volunteerism and workshops. In the spring and summer of 2021, Indigenous community Elders, teachers, and knowledge keepers facilitated a series of weekly workshops focused on sharing Indigenous Knowledges with our participants through experiential groups, including a traditional sweat lodge. Counsellor Peter Keating organized the series as part of his MSW-Indigenous Knowledges (I-KAT) coursework through University of Manitoba.

The program was so well-received that
Tamarack has committed to offering continued
access to these Indigenous Knowledges
and healing modalities. We have contracted
with an Indigenous Knowledge Keeper to run
experiential drumming and art groups for
treatment program participants during the
winter months, and an Indigenous Elder has
joined Tamarack's community to build a sweat

lodge at The Branch. We were able to host three sweats for participants, graduates, and staff—the third facilitated in honour of the National Day for Truth and Reconciliation.

The opportunity to offer guided sweat lodge experiences on site on a monthly basis with a more permanent structure and schedule will create a sense of stability and predictability and will allow our in-house participants, Branch residents, graduates in aftercare, and staff the opportunity to regularly participate in these healing traditions. This initiative works to honour the needs of our Indigenous participants, provide learning opportunities for non-Indigenous participants, and serve as a resource to the broader community. In 2022 we completed landscaping and fence reconstruction of the backyard at The Branch, providing a permanent space for the lodge and benefitting Tamarack participants and Branch residents for years to come.



#### **COLLABORATIVE PLANNING FOR MENTAL**

HEALTH: Executive Director Lisa Cowan joined leaders from mental health and addictions agencies in partnership with the Department of Mental Health, Wellness, and Recovery, to develop a five-year road map enacting the recommendations of the 2018 VIRGO "Improving Access and Coordination of Mental Health and Addictions Services: A Provincial Strategy for all Manitobans" report.

SPOTLIGHT ON THE BRANCH: As part of the Innovations in Mental Health and Addictions Learning Series, Clinical and Transition Supervisor Joanne Riedle gave a presentation on The Branch, one of 33 provincially funded initiatives in response to the VIRGO report.

#### **GROWING CAPACITY FOR RECOVERY: With**

funding from the Manitoba government in 2021, the opening of The Branch helped the province meet its goal of creating 100 new supportive recovery housing beds in support of increasing access to effective mental health and addictions treatment. The Branch was among the recipients of funds geared toward increasing services specifically for women and Indigenous people.

#### **IMPROVING PROVINCIAL TREATMENT:**

Tamarack's management team met with KPMG consultants to provide input on a Current State Analysis to strengthen collaboration between service delivery organizations and Withdrawal Management and Residential Treatment Services. Learnings will inform the development of provincial system-wide standards for addiction services to improve safety, quality of care, and protections for Manitobans seeking addiction and mental health services.





We are grateful to the private foundations and governmental agencies who have funded our work. Your partnership brings higher standards of care to people navigating addiction recovery. It also demonstrates your belief and trust in Tamarack's work, our team, and most of all, our participants. Together, we are providing the supports that allow people in recovery to see and realize their potential.

#### **SUPPORTER LIST:**

Province of Manitoba

Healthcare Excellence Canada

The Winnipeg Foundation

The Moffatt Family Fund at The Winnipeg Foundation

The Bruce Oake Memorial Foundation

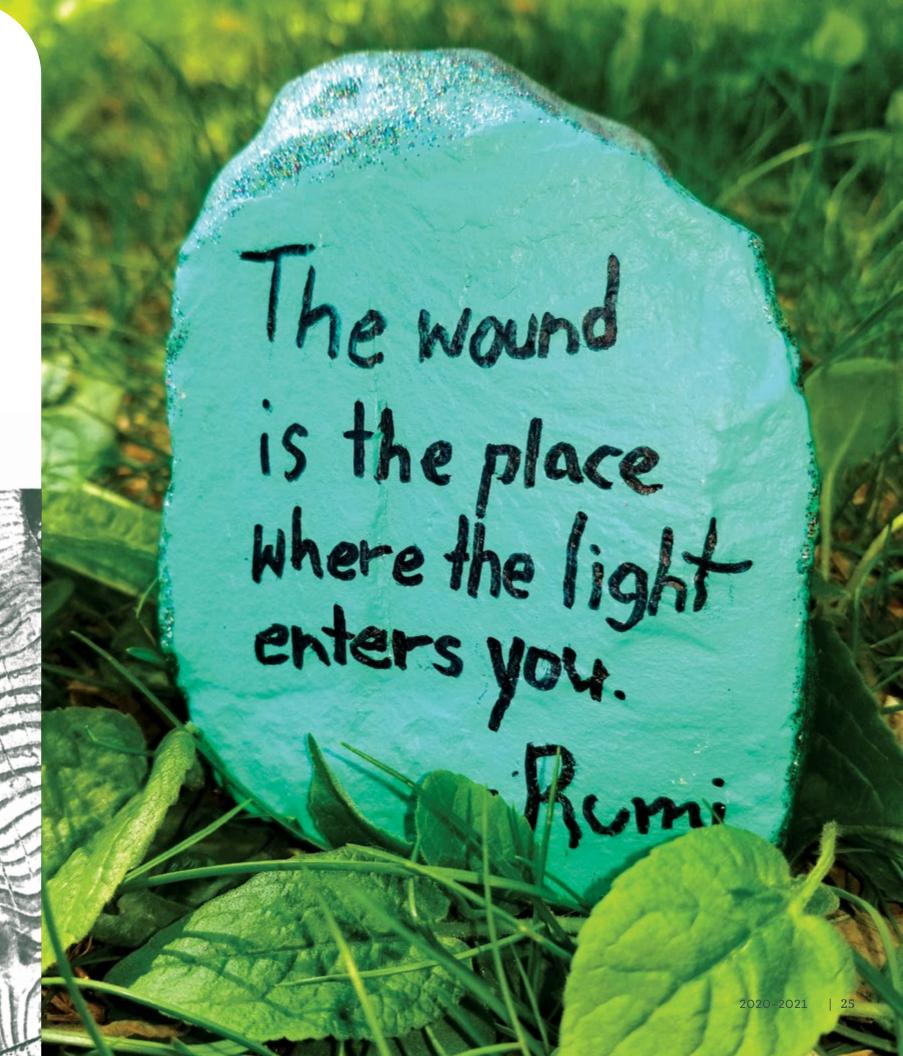


**Annual Report** 

# Looking Ahead

As we continue to evolve and expand Tamarack's programming, we are committed to fostering a strong, sustainable organization. In the year ahead, a central strategy toward this goal is to create a culture that celebrates and supports our staff in meaningful ways. Recruitment and retention have been especially challenging in our post-COVID world, and it has never been more important to show staff that their personal well-being, professional growth, and on-the-job safety matter—from enhancing on-shift supports to achieving wage parity. Investments in staff are ultimately investments in the quality of care our participants receive. We look forward to sharing progress on these efforts.





TAMARACK REHAB INC.TIA TAMARACK RECOVERY CENTRE

# **Financial Statements**

YEAR ENDED MARCH 31, 2022

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#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Index to Financial Statements Year Ended March 31, 2022

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GARY T. THORNTON, FCPA, FCGA, CAFM TODD T. THORNTON, B. Admin., CPA, CGA, CAFM gary@thorntonandco.com todd@thorntonandco.com



CHARTERED PROFESSIONAL ACCOUNTANTS PROFESSIONAL CORPORATION

720 A St. Mary's Road, Winnipeg, Manitobal R2M 3N2 Telephone: 204.284.3717 Fax: 204.284.3746

#### INDEPENDENT AUDITOR'S REPORT

To the Members of TAMARACK REHAB INC T/A TAMARACK RECOVERY CENTRE

#### Opinion |

We have audited the financial statements of TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE (the company), which comprise the statement of financial position as at March 31, 2022, and the statements of revenues and expenses, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the company as at March 31, 2022, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

#### Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the company's financial reporting process,

(continues)

Independent Auditor's Report to the Members of TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE (continued)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- · Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- · Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, MB June 13, 2022

CHARTERED PROFESSIONAL ACCOUNTANTS

Thomason veo

.Thornton & Co.

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Statement of Financial Position March 31, 2022

		2022	 2021
ASSETS			
CURRENT			
Cash	\$	363,644	\$ 651,004
Accounts receivable		44,096	13,813
Goods and services lax recoverable		9,235	6,958
Prepaid expenses	_	1,739	 1,555
		418,714	673,330
TANGIBLE CAPITAL ASSETS (Note 3)	_	1,154,468	955,428
	\$	1,573,182	\$ 1,628,758
LIABILITIES AND NET ASSETS			
CURRENT			
Accounts payable	\$	10,750	\$ 7,939
Current portion of long term debt (Nate 4)		18,000	18,000
Wages payable Deferred income		63,566 144,303	52,551
Deletied illicome	_	144,303	 468,752
		236,619	547,242
LONG TERM DEBT (Note 4)		293,870	300,868
DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS	_	546,417	323,310
		1,076,906	1,171,420
NET ASSETS		496,276	457,336
	\$	1,573,182	\$ 1,628,756

Director

Director

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Statement of Revenues and Expenses Year Ended March 31, 2022

		Budget 2022		Tota! 2022		Total 2021
REVENUES						
Manitoba Health	\$	623,070	\$	328,100	\$	328,100
Federal Government	Ψ	78,380	Ψ	80,123	4	56,107
Self Referrals		52,500		78,033		54,400
Third party funded treatment		9,000		62,650		
Client subsidy fund		228,840				50,138
Other Grants		302,538		121,945 353,794		65,975
Fundraising and donations						120,544
Other Income		25,000 700		18,767		32,820
		700		624		20,213
Deferred contributions related to capital assets		40.000		17,750		10,338
Grocery contribution		10,500		5,285		74.000
Wage subsidies Forgiveable portion of CEBA loan				-		71,230 20,000
		1,330,528		1,067,071		829,865
TVBENORO	_	1,000,424		7,001,001		020,000
EXPENSES Advertising and promotion		9,000		4,073		18,755
Amortization				41,814		35,504
Building Repairs		248,000		*		34,593
Delivery, freight and express		50		50		348
Employee benefits		44,535		46,364		38,935
Equipment and Furniture		111,000		63,494		37,030
Food		85,000		56,077		31,155
House Effects		4,000		3,504		3,289
nsurance		18,715		19,215		17,861
nterest and bank charges		3,500		2,470		1,137
nterest on long term debt		11,002		11,002		10,521
Janitorial Supplies		12,500		11,199		6,231
Miscellaneous		2,350		2,757		811
Office		15,200		14,978		12,153
Professional Fees - Program		1,000		1,976		175
Professional fees		5,500		10,226		5,640
Property taxes		8,200		8,173		12,823
Repairs and maintenance		12,800		9,797		13,053
Salaries and wages		689,938		677,527		499,804
Staff Development		7,500		3,831		859
Supplies		12,450		10,324		6,598
Telephone		6,100		6,250		5,348
Travel		500		210		51
Jtilities	_	26,500		22,820		15,173
		1.335,340		1,028,131		807,847
EXCESS (DEFICIENCY) OF REVENUES OVER						
[						

Thornton & Co.

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Statement of Changes in Net Assets Year Ended March 31, 2022

	 restricted et Assets	nvested in pital Assets	2022	2021
NET ASSETS - BEGINNING OF YEAR	\$ 104,088	\$ 353,248 \$	457,336	\$ 435,318
Excess of revenues over expenses	63,004	(24,064)	38,940	22,018
Invested in Capital Assets			-	-
Principal reduction of mortgage	 (6,998)	 6,998		
NET ASSETS - END OF YEAR	\$ 160,094	\$ 336,182 \$	496,276	\$ 457,336

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Statement of Cash Flows Year Ended March 31, 2022

		2022		2021
OPERATING ACTIVITIES  Excess of revenues over expenses Item not affecting cash:	\$	38,940	\$	22,018
Amortization of tangible capital assets	_	41,814	_	35,504
Changes in non-cash working capital: Accounts receivable Accounts payable Deferred income Prepaid expenses Goods and services tax payable Wages payable	_	(30,283) 2,811 (324,449) (184) (2,277) 11,015		31,493 2,080 (28,258) (360) (2,380) 10,915
Cash flow from (used by) operating activities	_	(343,367)		13,490
INVESTING ACTIVITY  Purchase of tangible capital assets	_	(240,856)		71,012 (150,381)
Cash flow used by investing activity	_	(240,856)		(150,381)
FINANCING ACTIVITIES  Proceeds from long term financing Repayment of long term debt Deferred contributions related to capital assets  Cash flow from financing activities	_	(6,998) 223,107 216,109		60,000 (91,132) 140,044 108,912
INCREASE (DECREASE) IN CASH FLOW		(287,360)		29,543
Cash - beginning of year		651,004		621,461
CASH - END OF YEAR	5	363,644	\$	651,004

Thornton & Co.

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Notes to Financial Statements

Year Ended March 31, 2022

#### 1. DESCRIPTION OF OPERATIONS

Tamarack Recovery Centre operates two residential treatment facilities for individuals with chemical and alcohol dependencies and other drug abuse problems, which facilitates independent living and lifestyle change. Tamarack Recovery Centre is incorporated under the Manitoba Corporations Act as a non-profit organization and is a registered charity under the Income Tax Act (Canada).

#### SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

#### Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for notfor-profit organizations (ASNFPO). Canadian accounting standards for not-for-profit organizations are part of Canadian GAAP.

#### Revenue recognition

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE follows the deferral method of accounting for contributions.

Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Endowment contributions are recognized as direct increases in net assets.

Restricted investment income is recognized as revenue in the year in which the related expenses are incurred. Unrestricted investment income is recognized as revenue when earned.

Seminar fees are recognized as revenue when the seminars are held.

#### Tangible capital assets

Tangible capital assets are stated at cost less accumulated amortization. Tangible capital assets are amortized over their estimated useful lives at the following rates and methods:

Buildings	4%	declining balance method
Computer equipment	33%	declining balance method
Computer software	50%	declining balance method
Other machinery and		· ·
equipment	20%	declining balance method
Furniture and fixtures	10%	declining balance method
Appliances	10%	declining balance method

#### TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE Notes to Financial Statements

Year Ended March 31, 2022

#### TANGIBLE CAPITAL ASSETS

	_	Cost Accumulated amortization		 2022 Net book value	1	2021 Net book value	
Land	\$	42,836	\$	_	\$ 42,836	\$	42,836
Buildings		1,263,003	,	162,378	1,100,625	*	900,611
Equipment		53,738		45,584	8,154		8,716
Computer equipment		31,660		31,415	245		367
Computer software		1,957		1,957	-		
Appliances		21,109		18,501	2,608		2,898
	\$	1,414,303	\$	259,835	\$ 1,154,468	\$	955,428

2022

2021

278.868

40,000

318,868

[18,000]

293,870 \$ 300,868

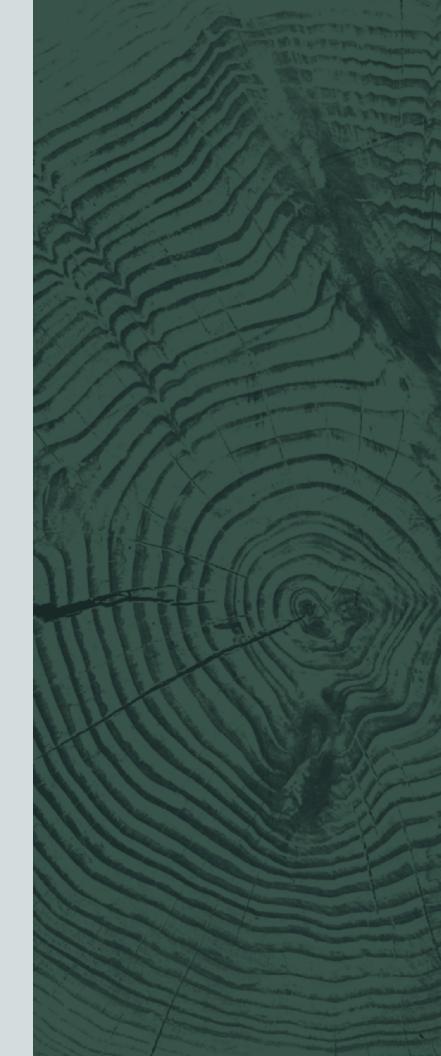
#### LONG TERM DEBT

Belgian-Alliance Credit Union loan bearing interest at 3.99% per annum. The loan was secured by building at 54 Balmoral Street.	\$ 271,870	\$
Belgian Alliance Credt Union loan bearing interest at 0% per annum, securred by CEBA Loan	 40,000	
	311,870	
Amounts payable within one year	(18,000)	

#### ECONOMIC DEPENDENCE

The operations of Tamarack Rehab Inc. T/A Tamarack Recovery Centre are economically dependent on the ongoing financial support of Manitoba Health, contracts and per diems.







TamarackRehab.org