



## **Intake Assessment Form**

TAMARACKRECOVERY CENTRE  
60 Balmoral Street, Winnipeg, Manitoba, R3C 1X4  
Intake: 204-775-3546, Fax: 204-772-9908  
[info@tamarackrecovery.org](mailto:info@tamarackrecovery.org)



## **OUR VISION**

*Healthy people, free from addiction.*

## **OUR MISSION**

*To provide a safe, welcoming environment where individuals are supported in recovery to realize their full potential.*

## **OUR VALUES**

*Our values are based on a dedication and commitment to:*

### **Safety**

*Creating a warm, welcoming environment where the safety and care of all is key.*

### **Integrity**

*Holding ourselves to the highest standards of personal and professional integrity, reflected in our ongoing commitment to ethical practice and serving as an example to all.*

### **Respect**

*Recognizing and valuing diversity, being responsive to personal recovery needs and treating all people as unique individuals deserving of the best care.*

### **Excellence**

*Using our knowledge and experience to deliver the highest quality services and seek out opportunities to improve and excel.*

### **Compassion**

*Inspiring hope through our belief in the fundamental value of every human being, their resilience and ability to change.*

This publication and all others related to your treatment are available in alternate formats on request.  
Please contact our Intake Specialist at 204-775-3546 who will be happy to help.

## TAMARACK RECOVERY CENTRE INTAKE ASSESSMENT FORM

The purpose of this questionnaire is to obtain information that will help determine whether Tamarack Recovery Centre is a program that will contribute to your recovery process. Completing this form as fully and accurately as possible will expedite the process of assessing your suitability for the program at Tamarack. Please be assured that all information you provide will be kept confidential, in accordance with the legal and ethical guidelines of the Canadian Association of Social Workers (CASW).

PLEASE PRINT YOUR ANSWERS. If you need additional space, please use the note section on page 8. If you require assistance completing this form, please telephone our Intake Specialist at 204-775-3546.

Date: \_\_\_\_\_ Name of Applicant: \_\_\_\_\_

Name of Person Completing this Form: \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_

### APPLICANT INFORMATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Message OK? Y / N MHSC# \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Message OK? Y / N PHIN# \_\_\_\_\_

Other: \_\_\_\_\_ Message OK? Y / N

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Sex Assigned at birth:  Female  Male  Intersex  Prefer not to say

What gender do you identify as?  Woman  Man  Non-binary/ third gender  
 Prefer to self-describe \_\_\_\_\_  Prefer not to say

Preferred Pronoun:  He  She  They  Ze  A pronoun not listed  No pronoun preference

### REFERRAL SOURCE

Self

Other (Name and Organization) \_\_\_\_\_

How did you/they hear about Tamarack? (website; radio; newspaper; organization; family member)

\_\_\_\_\_

<b>EMPLOYMENT STATUS / INCOME SOURCE</b>		Please tick and complete.
Employed Full-Time: Employer _____		
Employed Part-Time: Employer _____		
Correctional Facility: _____		
EIA		Retired
Short-Term Disability		Work at Home
Long-Term Disability		Student at (program) _____
Employment Insurance -EI		Volunteer/Service Work at: _____

<b>DEPENDENT CHILDREN</b>	Please provide the following information:			
Name	Male/ Female	Date of Birth	Resides with:	Custody Status/ CFS Involvement

**CONTACT INFORMATION**

In order to provide the best service possible, it may be necessary to contact the following people. Please provide names and contact information for the people/professionals that are involved in your life. All personal information will be kept confidential in accordance with the legal and ethical guidelines of CASW, and will not be communicated to sources outside Tamarack without your written consent.

<p><b>Emergency Contact</b></p> <p>Name _____</p> <p>Relationship _____</p> <p>Address _____</p> <p>Home Phone _____</p> <p>Other Phone _____</p>	<p><b>Other Agencies / Professionals (e.g. EIA Worker)</b></p> <p>Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>Fax _____</p> <p>Last Visit (approx. date) _____</p>
<p><b>Family Physician</b></p> <p>Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>Fax _____</p> <p>Last Visit (approx. date) _____</p>	<p><b>Psychiatrist</b></p> <p>Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>Fax _____</p> <p>Last Visit (approx. date) _____</p>
<p><b>Psychologist/Therapist/Mental Health Worker</b></p> <p>Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>Fax _____</p> <p>Last Visit (approx. date) _____</p>	<p><b>Parole Officer</b></p> <p>Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>Fax _____</p> <p>Last Visit (approx. date) _____</p>

## MEDICAL INFORMATION

Do you have Hep C? (please circle)	Yes	No	Do you have TB? (please circle)	Yes	No
Do you have HIV? (please circle)	Yes	No			

Do you currently have any other **physical health** concerns or major illnesses for which you may be receiving medical treatment? Please describe:

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Do you have any **mental health** concerns for which you may be receiving medical treatment? Please describe

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Do you have a mental health (psychiatric) diagnosis? (please circle)      **Yes**      **No**      **Don't Know**

If yes, what is the diagnosis?

Diagnosis One \_\_\_\_\_  
Diagnosis Two \_\_\_\_\_

Date of diagnose(s):

Name of attending Physician/Psychiatrist:

Do we have your permission to contact your Physician/Psychiatrist? (please circle)      **Yes**      **No**

Have you been hospitalized previously for mental health reasons? (please circle)      **Yes**      **No**

If yes, number of times? \_\_\_\_\_

Reasons for hospitalizations?

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In the past have you made plans to complete suicide? (please circle)      **Yes**      **No**

Have you attempted suicide in the past? (please circle)      **Yes**      **No**

If yes, how many times? \_\_\_\_\_. When was the last time that you attempted suicide? \_\_\_\_\_

Has self-harm, such as cutting, been a concern for you in the past? (please circle)      **Yes**      **No**

Is self-harm, such as cutting, a concern for you in the present? (please circle)      **Yes**      **No**

Are you currently/ have you previously received therapy to deal with specific issues in your life? **Yes**      **No**

If yes, please complete the following by circling **Yes** or **No**:

Individual Therapy	<b>Yes</b>	<b>No</b>
Group Therapy	<b>Yes</b>	<b>No</b>
Couple's Therapy	<b>Yes</b>	<b>No</b>
Family Therapy	<b>Yes</b>	<b>No</b>

Do you currently have or have you had an eating disorder or disordered eating behaviour? **Yes**      **No**  
If **yes** please describe (Examples: Controlled or restriction of food, Binging or overeating, purging through vomiting or excessive exercise):

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**MEDICATION**

Are you currently taking prescription medication for physical or mental health reasons? **Yes** **No**  
 If yes, please provide the following information for the medication you have been prescribed:

Medication	Dosage	Time(s) Taken	Purpose

**ADDICTION/TREATMENT HISTORY**

What are the current circumstances that have motivated you to apply to Tamarack Recovery Centre?  
 \_\_\_\_\_  
 \_\_\_\_\_

What is your drug of choice? \_\_\_\_\_ Date last used? \_\_\_\_\_  
 Please list other drugs used:  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever used injection drugs? **Yes** **No** If **Yes**, date last used: \_\_\_\_\_  
 Age first used Alcohol/Drugs \_\_\_\_\_  
 How frequently do you typically use substances? \_\_\_\_\_  
 When do you typically use substances? \_\_\_\_\_

What Withdrawal Symptoms have you experienced when you have tried to stop using? \_\_\_\_\_  
 \_\_\_\_\_

Have you ever overdosed? **Yes** **No** On which substance did you overdose? \_\_\_\_\_

What other addictive behaviours do you currently struggle or have you struggled with? (tick all that apply)

<input type="checkbox"/>	Gambling/Gaming	<input type="checkbox"/>	Spending	<input type="checkbox"/>	Internet
<input type="checkbox"/>	Food	<input type="checkbox"/>	Sex	<input type="checkbox"/>	Relationships
<input type="checkbox"/>	Other: _____				

**PREVIOUS TREATMENT PROGRAMS ATTENDED**

Name	Date	Complete program?	What did you gain?

Are Self-Help Groups (e.g. AA/CA/ Refuge for Recovery/ SOS/ SMART) part of your Recovery Plan?  
(please circle) **Yes** **No**

Please explain why or why not \_\_\_\_\_  
\_\_\_\_\_

Name of Home Group? \_\_\_\_\_

Do you have a sponsor? **Yes** **No**                      If no, do you plan on getting a sponsor? **Yes** **No**

**LEGAL**

List Current Charges	Details _____ _____
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Criminal/ Civil Charges Pending <b>Yes</b> <b>No</b>	Details _____ _____
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Outstanding Warrants <b>Yes</b> <b>No</b>	
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Bail (probations) Conditions <b>Yes</b> <b>No</b>	
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Restraining Orders <b>Yes</b> <b>No</b>	
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Court Hearing Dates <b>Yes</b> <b>No</b>	
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List previous Charges:	Date of Charge:

**PERSONAL GOALS**

What goals would you like to achieve by coming to Tamarack? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there any additional information you would like us to know? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ADDITIONAL NOTES**

Please use this section if you require extra space when completing this form.

**Please note:** We reserve the right to terminate a client's stay if the information on the application form is later found to be deliberately incorrect or new information emerges that has been deliberately withheld.

**Applicant's signature** \_\_\_\_\_

**Date** \_\_\_\_\_