

## Annual Report 2017-18

Everything you need to know about another positive year of developments and achievements at Tamarack Recovery Centre at a glance.

If you're new to the Tamarack family we hope you enjoy this opportunity to find out more about who we are and how we work.

Those of you who know us well will be interested to hear about our new Client and Family Panel event and our continuing commitment to quality care as evidenced by our client exit survey data and our aftercare abstinence rates.

As always, the support of our community and stakeholders has been critical to our success this year so we thank you for being such an essential part of the equation.

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generously volunteered their time to take part in our first Client and Family Panel evening in June 2017.

This event helped provide valuable feedback regarding key aspects of

The number of family members, clients and alumni who

This event helped provide valuable feedback regarding key aspects of Tamarack's programing, strategic planning, safety and staffing. Feedback proved to be so helpful and affirming of the work that we do to provide safe, effective, <u>high quality</u> services that we will be hosting these panel evenings on an annual basis.

100

Percent. The proportion of staff members who are proud to work for Tamarack.

Our staff survey this year showed that not only do staff take pride in working here they all agree that Tamarack consistently lives out its values of safety, integrity, respect, excellence and compassion in the provision of services. <u>Hear more</u> about our values from our committed and compassionate staff team.

The number of clients who were able to access treatment thanks to the generosity of private donors and a pilot project between The Addictions Foundation of Manitoba and Tamarack.

The impact of such support on an individual who may not otherwise be able to access treatment cannot be understated: "I have 80 days' clean...and it feels amazing! I am truly grateful for this opportunity to live my life fully sober", says one of the clients.

Find out more about how to help individuals in accessing life changing treatment here.

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The number of Student supervision hours provided to students by our Canadian Counselling and Psychotherapy Association certified Supervisor.

Students on practicum placements and internships are a valuable part of the Tamarack treatment team, helping to bring diversity and additional perspectives on recovery while receiving significant experience in providing longer-term residential care.

Partnerships with the University of Manitoba, CDI College and Booth College over this past year have continued to enhance our services and allow the work of Tamarack Recovery Centre to reach the wider community.

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Consecutive fiscal years that Tamarack has closed out in a cash positive position.

Again, as in years' past, our careful financial management and goal setting has resulted in a net surplus of \$15,959 and means we can continue provide, at very modest cost, "Exemplary Level" addictions treatment and recovery services.

Read more about our financial position here.

80

Combined years' of service provided to Tamarack by our group of diverse and dedicated board members.

Our committed and experienced board of directors help guide the strategic direction of the agency through their invaluable work and recovery experience. Find out more about our board <a href="https://example.com/here.co

**76** 

Percent. The number of Tamarack graduates who were sober when contacted via text survey by our aftercare coordinator.

Anyone who is familiar with addiction recovery statistics will be aware that this a remarkable number and is something we are particularly proud of.

Such recovery data speaks not only to the calibre of treatment that clients receive at Tamarack but the quality of connection that is maintain long after their graduation day. It's these two important elements that characterize the <a href="Tamarack treatment program">Tamarack treatment program</a> and give our clients the strong foundation and support they need to create a healthy life in recovery.

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The number of months a Tamarack graduate was funded to work with us through an innovative partnership with the Reaching E-quality Employment Services (REES) Co-op Project

Not only did this funding enable our graduate to gain valuable experience in her chosen field of work but she was able to build Tamarack's marketing and communications capacity through increasing visibility on <a href="Facebook">Facebook</a> and other media outlets. We are excited to continue partnering with the Co-op Project to provide more graduates with valuable opportunities to gain meaningful employment in recovery.

97

Percent. The proportion of Tamarack's clients who are satisfied or highly satisfied with Tamarack's workshops and the quality of treatment in this year's exit survey.

Says one of our clients about the groups: "Very informative and eye opening. I learned so much. The facilitators know what they are talking about and were able to teach it well" See more client testimonials here.

1187

Hours of aftercare services provided over the course of the year through Tamarack's innovative and responsive "Forward In Recovery" (FIR) program.

Our comprehensive aftercare program now includes a graduated mentor training component for graduates who want to give back to Tamarack and gain valuable skills and training in the process. Generous support from Manitoba Community Services Council and The Winnipeg Foundation have been crucial in enabling us to develop and expand this essential client service.