

Annual Report 2016-17

Everything you need to know about another positive year of developments and achievements at Tamarack Recovery Centre at a glance.

If you're new to the Tamarack family we hope you enjoy this opportunity to find out more about who we are and how we work.

Those of you who know us well will be interested to learn about our new aftercare mentor program and our continuing commitment to quality care as evidenced by the high percentage of this year's graduates who would recommend the program to others.

As always, the support of our community and stakeholders has been critical to our success this year so we thank you for being such an essential part of the equation.

52

Motions approved in board meetings over the course of the year.

Our knowledgeable and diverse volunteer <u>board of directors</u> play a crucial role in overseeing agency operations and the decisions they make help to guide Tamarack's strategic direction throughout the year.

69

Total years of Tamarack-specific work experience amongst the staff team.

We pride ourselves on our team of <u>dedicated and committed staff</u> members, whose knowledge and significant work experience within the addictions recovery field is evident in the high quality care, counselling and support provided to our clients.

86

Percent. Our average completion rate over the last four years.

Our completion rate is consistently high and nearly double the industry average. We attribute our client retention to our safe, welcoming environment; our small numbers, which ensure everyone receives the best care and attention; and our accredited program, which is the result of over 40 years of development and refinement to ensure we are providing effective and high quality counselling and treatment program delivery.

100

Percent. The proportion of graduates who would recommend the Tamarack program to others.

"I am so grateful to have been able to come to Tamarack. I cant say it enough of how amazing the overall experience was for me during my stay."

2395

People reached by our Facebook post on August 19th 2016.

Tamarack launched its Facebook page this year featuring posts that link our followers to the latest articles on addictions research and recovery, uplifting and thought provoking quotes and inspiring client testimonials.

The August 19th post had one of our widest reaches so far and features a client story about redemption, recovery and the important role Tamarack played in that journey. Click here to read more.

You too can connect with us on Facebook.

Tamarack graduate in receipt of <u>The Winnipeg Foundation</u> <u>Emerging Leaders' Fellowship grant</u>.

Our graduate will be working with Tamarack to create therapeutic art workshops for Tamarack clients which will culminate in a video narrative that highlights the experiences of addiction and recovery. We are very proud of our graduate for her initiative and drive in creating this project and securing this important grant. We are also excited to be a part of such an innovative collaboration and are looking forward to seeing how this project progresses over the coming months.

Consecutive fiscal years that Tamarack has closed out in a cash positive position.

This year our careful and realistic financial management and goal setting has resulted in a net surplus of \$29,764 and means we can continue provide, at very modest cost, "Exemplary Level" addictions treatment and recovery services.

Read more about our financial position <u>here</u>.

Individual donations received from private donors.

These funds facilitated significant upgrades to our cameras and security system and also enabled two individuals to access and receive treatment that they may not have otherwise been able to. Generous donations like these highlight the confidence donors have in Tamarack to provide safe, effective and compassionate treatment and recovery services.

Volunteer hours put in by our four aftercare clients as part of Tamarack's new Mentor Program.

The Mentor Program is an exciting development this year and serves as an innovative and responsive addition to our already successful and highly regarded aftercare program "Forward In Recovery" (FIR).

Driven by an in-depth knowledge of our aftercare clients' needs and abilities, along with the desire to incorporate a strong sustainability component in the program, the Mentor Program was created. It is designed to empower and encourage FIR clients, through a combination of experience, knowledge and guidance, to gain important skills and become positive role models in the Tamarack community. This four phase program provides valuable volunteer and training opportunities within the agency and is intended to positively impact the individual client participant as well as benefit Tamarack's residential clients, staff and the community by providing positive, comprehensive, and trusted mentor relationships.

Funding for the FIR aftercare program, including the development of this aspect of the program, was generously provided this year by The Winnipeg Foundation. To read more about our FIR Program, <u>click here</u>.

Amps. The new service now supplying Tamarack.

This upgrade was part of a larger renovation project which involved replacing all knob and tube wiring in the home, installing a new electrical panel and converting all our lighting to energy efficient LED sources throughout the entire house.

This much-needed and beneficial work was supported by grants from the Community Places program and Manitoba Hydro.

48005

Total grant dollars received this year.

Funds provided by Community Places, Manitoba Community Services Council and The Winnipeg Foundation have been integral to implementing a number of projects this year.